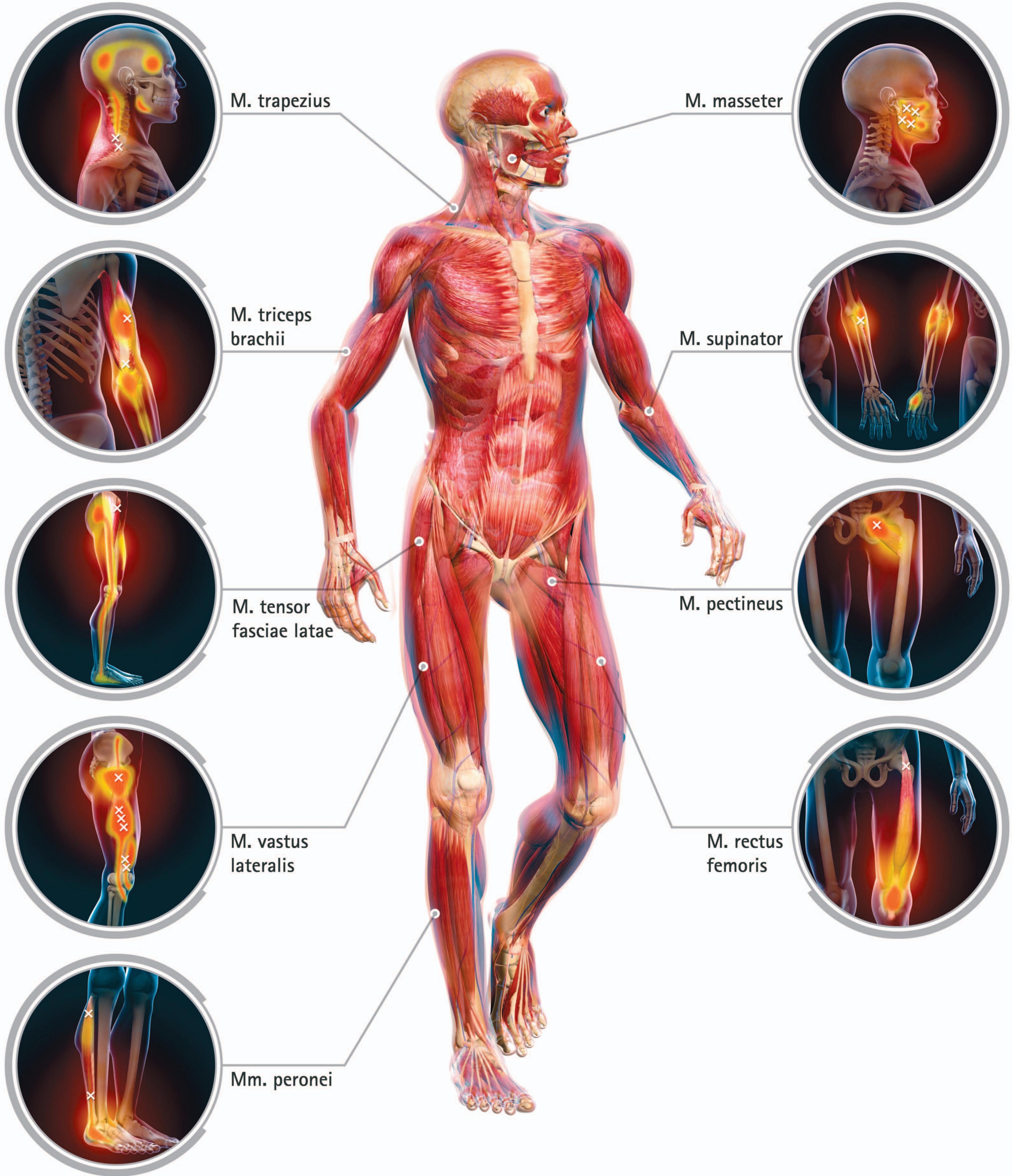
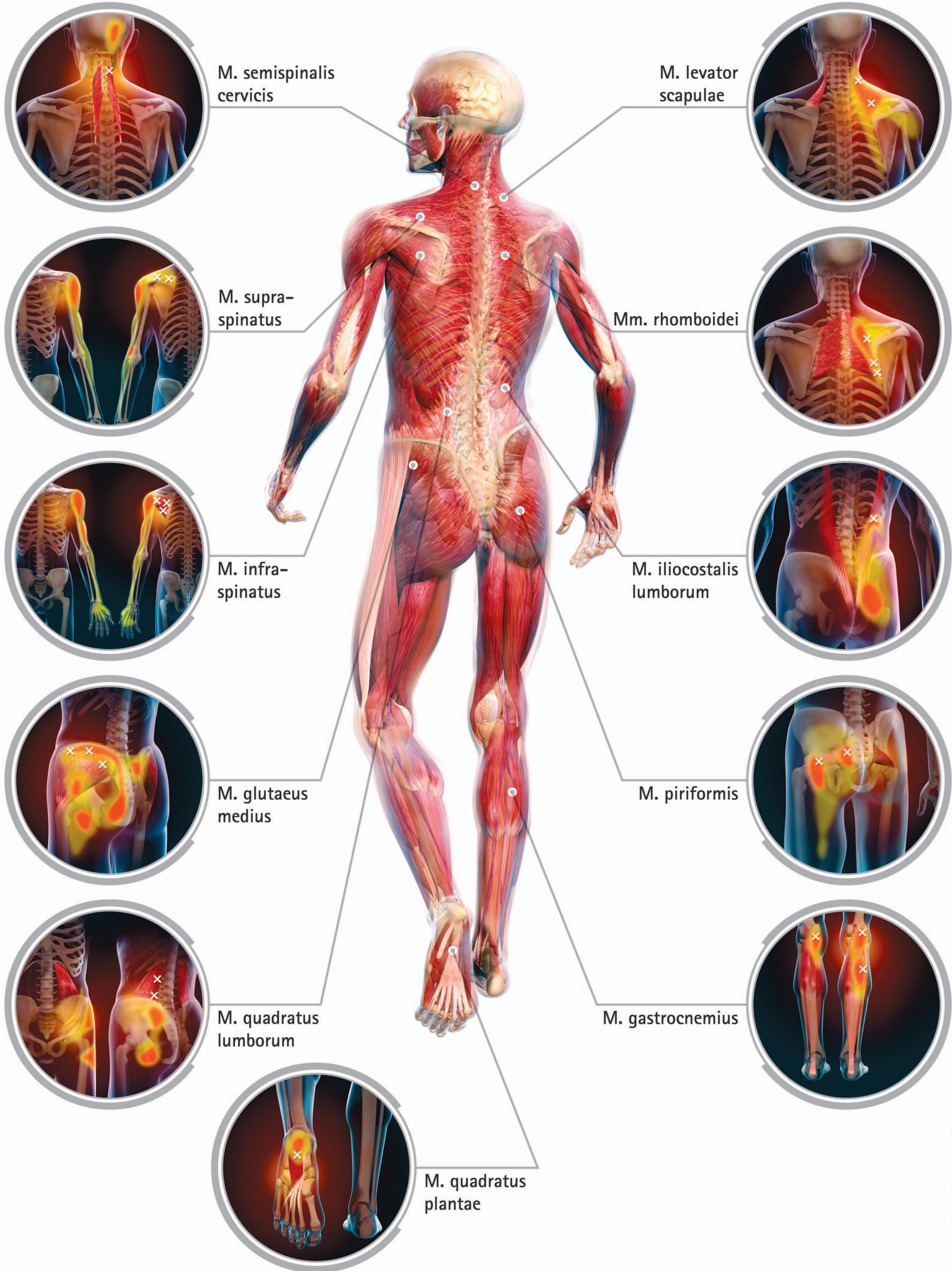


# TRIGGER POINTS – VENTRAL



Note: Shown is a selection of the most common trigger points.

# TRIGGER POINTS – DORSAL



Note: Shown is a selection of the most common trigger points.